

Incontinence Nurses

Do not battle on alone. Incontinence is a key issue for many older people and blights their lives. It can also be very costly, trying to provide your own pads and pants.

Although the cuts may have taken their toll in some areas, many regions have their own Incontinence Nurses – who can provide products, free of charge, and even provide a collection service for used pads and pants.

The quality of the products they provide is better than you can get in the shops and designed with the real sufferer in mind. They have a whole range of sizes and products available and day time and night time wear.

You can get a referral from your doctor or, sometimes, through a social worker.